



# School Run Revolution Journey Planner



You will make the journey between home and secondary school about 400 times each year. This Journey Planner will help you to plan your journey to make it as safe as possible.

## How can parents and carers help?

Help develop good road safety habits.

Young people tend to copy adult behaviour so if they see you taking risks, they are likely to take risks too.

Set a good example when using roads, on foot or in the car.

Don't say one thing and do another!

Walk or cycle the route to their new Secondary School with your child before they start –

preferably at the time of day they will normally be making the journey.

Talk to your child about distractions - phones, headphones, friends.

Work with them to plan their journey and encourage them to prepare for unexpected things.

Help them to be organised before they leave for school an accident is more likely to happen if they are rushing.

Help your child to find other pupils in your neighbourhood who already go to the Secondary School.

### Checklist

- Do you know the route your child is walking?
- Does your child know how to use all types of pedestrian crossings?
- If using a bike is it safe and road worthy.
- Do they know what to do if there is an emergency?
- Do they know how to behave if using public transport?



## Active Travel

It is important to remember that not only is walking to school safe, it is good for you too. It gives you a chance to meet up with your friends and have some time together before the school day starts.

Remember by waking to school you will be helping the environment by reducing carbon pollution in the area where you live.

You will be learning a new skill-road safety awareness.

Remember it is not always you that makes mistakes – car drivers can be distracted as well so you may need to anticipate how they are going to behave!

### Some days things might not go to plan

So, what would you do if...

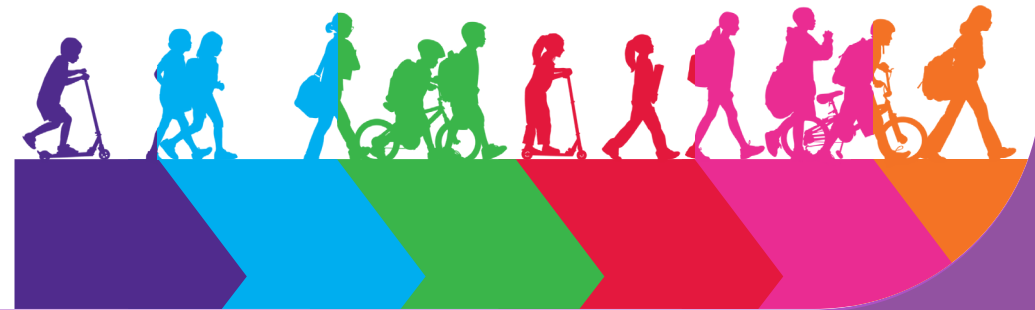
...you were running late for school?

...the friend you are walking with does not turn up?

...you have a flat tyre on your bike

...your friends want to take a short cut across a busy road?

Information for Parents on the back page



# Journey Planner from home to school



<b>Stage of my journey</b>	<b>Hazards</b> <small>(Things that could harm me)</small>	<b>Risk</b> <small>(How likely it is that this will happen and how bad would the consequence be)</small>	<b>How could I be safer</b> <small>(Can I reduce or remove this risk)</small>
Walk on the pavement to main road	Being hit by a car pulling out of a driveway	example Medium	Stay alert, don't get distracted by my phone, music or friends
Cross the main road	Getting hit by a vehicle	example Medium	Find a safe place to cross, use the pedestrian crossing or Green Cross Code