## Achieve Higher

Year 8



SUBJECT NAME: PSHE				
Half Term	Curriculum	Reading	Watching & Listening	Other Opportunities
Autumn Term	Wider World	Read: <u>The Human</u> <u>Rights Act 1998</u> to find out about the fundamental rights and freedoms that everyone in the UK is entitled to.	Watch: Unesco <u>The</u> <u>Legitimate Limits to</u> <u>Freedom of</u> <u>Expression: the</u> <u>Three-Part Test</u> Watch/Listen:	Complete Amnesty International's online learning course focusing on <u>Human Rights</u> Visit the <u>People's</u>
		Read: <u>The United</u> <u>Nations' guide to</u> <u>eradicating Hate</u> <u>Speech</u>	choose one or more of the videos or podcasts on Oxford University's <u>Free</u> <u>Speech Debate</u> website	History Museum in Manchester to learn more about the fight for equality
Spring Term	Health and Wellbeing	Read the <u>NHS</u> <u>guide to</u> <u>vaccinations</u> Read about situations where <u>AEDs (defibrillators)</u>	Watch the <u>vaccine</u> <u>debate</u> in the House of Commons to see the points of view of different members of Parliament (MPs).	Complete the Oak National Academy lessons on vaccinations, boosters and concerns.
		have saved people's lives.	Watch Dr Emeka's <u>essential first aid</u> videos on the BBC website. Watch the interactive Life <u>Saver!</u> Film and	Play an interactive <u>First Aid Game</u> designed by the Red Cross
			make decisions along the way	
Summer Term	Relationships	Read <u>The Dark Side</u> of Social Media <u>Influencing</u> Read this article from a university about <u>oversharing</u> online	Watch this TED talk: <u>The Impact of Social</u> <u>Media on Youth</u>	Complete the Oak National Academy lessons on <u>Relationships and</u> <u>Social Media</u>