

Achieve Higher

Year 10



Co-op Academy
Stoke-on-Trent

SUBJECT NAME: Physical Education				
Half Term	Curriculum	Reading	Watching & Listening	Other Opportunities
Autumn Term	Disability and Sport	<p>Read the following book: <u>The Impossible Mile: The Power in Living Life One Step at a Time.</u></p> <p>The story of Johnny Agar, born with cerebral palsy and whom doctors thought would never walk, overcoming the odds to compete in Ironman triathlons</p>	<p>Watch Rising phoenix, a film about real life athletes who have some form of disability and how they have overcome adversity.</p> <p>Please watch this video on how disabled people overcome their disability to participate in sport <u>Strength To Endure: A Documentary on Disability in Sport</u></p>	<p>Take part in one of the following activities; Wheelchair basketball Sitting volleyball Blind football</p> <p>Watch some of the disability sport footage.</p>
Spring Term	Technological Advances in Sport	<p>Read the article on how technological advances are changing sport <u>https://www.jobsinsports.com/blog/2022/01/12/sports-technology-how-its-changing-the-game/</u></p>	<p>Please watch this video on how technology is changing sport <u>The Future of Sports How Technology is Changing the Game</u></p> <p>The evolution of the football boot, how technology has shaped the boots we see players wearing today. <u>Evolution of World Cup</u> 🏆🏈 <u>Football Boots History</u></p>	<p>Play a virtual reality sports game and compare how many calories you can burn doing this when compared to the real game.</p> <p>Watch a game of football and see how many times VAR is used to make decisions that may have not been made without this technology</p> <p>Watch a game of tennis and see how many times hawk eye is used to make decisions that may have not been made without this technology.</p>